



## **Rodolfo D. Lastimoso Jr., RPN**

**I would be honored to serve on the Council of the College of Nurses of Ontario (CNO) as an RPN member for the following reasons:**

First, the CNO's primary role is to uphold the public's protection and the provision of safe nursing care. I believe patient safety is foundational to delivering safe and quality nursing care. Indeed, there is a clear consensus that quality health services worldwide should be sufficient, safe, and people-centered. Nurses, RPNs, RNs, and NPs, guided by quality evidence-based standards of practice, are central to realizing the benefits of quality health care for the patients across the province in a timely, equitable, integrated, and person-centered way. My belief will guide my participation at the CNO Council in protecting the public through decisions based on the best evidence.

Second, I want to advance the CNO branding amongst nurses and nursing students, many of whom do not fully understand the importance of self-regulation and CNO's role. For this, I am committed to updating members regularly on changing regulations and the impact on safe practice. I will help ensure that evidence-based information is used, widely communicated, and understood amongst nurses and public members. I also want to be aware of and share nurses' voices when we work together on safe patient care.

Third, as an IEN and RN from the Philippines, based on my values and experiences in nursing roles across and within different nursing categories, I am committed to working collaboratively within the nursing profession to contribute to our shared goals of safe, quality patient care.

**As a member of the Council, I will bring this career knowledge, experience, and skills.**

I will bring various skills to the council based on my 7th-year career in nursing in Canada as an RPN working in a community setting. I am compassionate towards nurses and patients and have strong communication skills. My experience includes both clinical and governance roles and sound decision-making capacity. As the Chair of the Nursing Students of Ontario (NSO) for the past two years, I have increased substantively students' participation and engagement in nursing issues. For example, during COVID-19, I worked with NSO on a campaign to promote the use of masks in public spaces. I advocate for healthy professional environments and quality nursing education necessary for safe patient care throughout Ontario. I know the value of a team that works together, and if elected, will work closely with fellow Council members-- other nurses and public members--to role model and encourage teamwork. However, I will also take the initiative to raise different perspectives based on the best evidence. As an RPN, I will strive to represent the contributions RPNs make to quality care in situations when they work independently and when they collaborate with nurses in other categories.

**As a member of the Council, I would bring these attributes.**

I am a lifelong learner, and from my past experiences on Executive committees and Boards, I am aware of the intense preparation work necessary, the need to listen to the contributions of all and make decisions that advance the organization's mandate. My attributes related to being self-directed, taking the initiative, flexibility, excelling in teamwork, providing person-centered care, and speaking articulately will be very useful to me as a CNO Council member. These are all skills I honed in previous roles as a board member and Chair of NSO. If elected, I am committed to being a fully engaged Council member because I believe self-regulation is a privilege and the public's protection is an obligation.