



Aisha Jahangir RN

I want to serve on Council (CNO's Board of Directors), a board whose only role is to uphold patient safety, because: I believe that nursing includes advocating for our patients beyond the bedside, speaking up for the well-being of all people, and building resilience in our communities.

As a member of Council, I would bring these skills to the board:

LEADERSHIP: I am a decisive leader and proven critical thinker who is able to provide clear direction and manage staff. I am consistently proactive, planning ahead and demonstrating courage by taking on challenges. During the COVID-19 pandemic, I have helped to facilitate institutional safety measures and to educate our staff regarding transmission control, testing, and PPE.

UPHOLDING PATIENT RIGHTS: I have worked collaboratively to uphold standards of care. Integral to this effort is an appreciation of different perspectives, as we work together to serve our patients and communities.

EDUCATION: I graduated from nursing in 1997 as a diploma RN, went back for my post-diploma, and graduated from Ryerson University with a BScN. I believe that nursing is a commitment to life-long learning. I have obtained CNA certifications in Perinatal Nursing and in Psychiatric and Mental Health Nursing. I have taken up the responsibility to provide advanced training to current and future nurses. I guided nursing colleagues and students in establishing learning plans that reinforce the importance of reflective practice. In 2012, I taught Pharmacology and Pharmacokinetics to internationally educated nurses from India at Conestoga College (Doon Campus). Recently, I contributed my expertise to the implementation of pandemic preparedness.

COMMITMENT TO SOCIAL JUSTICE: Nursing is a profession that depends on trust, as we are constantly upholding our patients' rights. I ran for Parliament in the 2019 federal election, with a campaign platform that focused on expanding access to healthcare and other community supports.

As a member of Council, I would bring these attributes to the board:

I worked in Labour and Delivery for over 17 years and I have worked in Mental Health for over 7 years. In both fields, I worked with marginalized and vulnerable populations. I am self directed and passionate about the delivery of healthcare and, in particular, mental healthcare. Throughout my career, I have demonstrated honesty and integrity in my profession and compassion for the patients whom I serve. I have a deep understanding of myself and I have learned to control my emotions in stressful situations. My speciality in mental health nursing has helped me to become a good listener, both with patients and with my colleagues in interdisciplinary teams. My experience as a Correctional Nurse has helped me to develop my skills in becoming proactive and a great problem solver.